

## Permanent Brevet #8

# Tour of the Cowichan Valley 200 km

**Start/Finish: Dancing Bean Café, 9752 Willow Street, Chemainus**

Distance (km – cumulative)	Turn	Route	Distance (Interval)
		<b>START - Chemainus</b> Dancing Bean Café - 9752 Willow	
0.0	R	WILLOW (head south)	0.1
0.1	R	VICTORIA St. (at T)	0.1
0.2	L	CHEMAINUS (at T)	0.5
0.7	SO	cross roundabout	5.0
5.7	L	CROFTON (at store)	3.5
9.2	L	CHAPLIN (after Welcome sign)	0.2
9.4	R	YORK (at Brass Bell)	0.6
10.0	SO	OSBORNE BAY (at Adelaide St.)	4.6
14.6	L	HERD (at stop sign)	2.7
17.3	R	MAPLE BAY (at stop sign)	6.1
23.4	L	TZOUHALEM (at St. Edwards)	5.1
28.5	SO	COWICHAN BAY (at Tennis courts)	5.1
33.6	L	CHERRY POINT (at 4-Ways)	1.4
35.0	R	CHERRY POINT (at obvious bend)	4.6
39.6	L	TELEGRAPH* (at T)	6.1
45.7	R	KILMALU (at T)	0.5
46.2	L	HIGHWAY #1 (at lights)	0.8
47.0	R	SHAWNIGAN-MILL BAY(next lights)	5.3
52.3	L	SHAWNIGAN LAKE (at 4 way stop)	0.0
52.3		<b>CONTROL #1 - Shawnigan Village</b> Your choice	
52.3	SO	SHAWNIGAN LAKE(continue south)	2.2
54.5	R	SHAWNIGAN LAKE (not up hill!!)	0.9
55.4	R	SHAWNIGAN LAKE (at stop sign)	4.7
60.1	R	W. SHAWNIGAN (no hill)	9.1

69.2	R	RENFREW (at stop sign)	4.3
73.5	L	SHAWNIGAN LAKE* (after RR X)	7.2
		Cross Highway #1	
80.7	SO	COWICHAN BAY	2.2
82.9	L	TELEGRAPH (before school)	0.9
83.8	L	KOKSILAH* (at T)	2.0
		Cross Highway #1	
85.8	SO	KOKSILAH	7.4
93.2	L	MILLER* (to Sunflower Inn B&B)	0.5
93.7	L	GLENORA (first left)	3.4
97.1	R	INDIAN (at 4 way stop)	0.0
97.1	L	<b>CONTROL #2 - Glenora</b> Your choice	
97.1	L	INDIAN (continue north)	3.5
		Cross Cowichan River	
100.6	SO	ALLENBY	0.7
101.3	L	GOVERNMENT* (at lights)	1.4
102.7	L	GIBBINS (after Esso)	4.9
107.6	R	MENZIES (after Vimy on left)	1.6
109.2	L	OLD LAKE COWICHAN* (at T)	15.0
		Cross Skutz Falls Rd.	
124.2	SO	OLD LAKE COWICHAN	5.9
130.1	L	GREENDALE (first left)	1.5
131.6	L	SOUTH SHORE* (at stop)	0.6
132.2	SO	SOUTH SHORE RD (x river)	12.3
144.5	R	WALTON RD (sign for park)	1.3
145.8	SO	Park Entrance - follow signs to DAY USE AREA	0.4
146.2	R	<b>CONTROL #3 - Gordon Bay Park</b> near DAY USE washrooms	0.0
	L	Turn back toward PARK ENTRANCE	0.4
146.6	SO	WALTON RD	1.3
147.9	L	SOUTH SHORE RD (at T)	13.0
160.9	R	LAKE COWICHAN RD (at traffic island)	7.3
168.2	SO	cross Skutz Falls Rd	16.3
184.5	R	TANSOR RD (at T)	1.9
186.3	L	SOMENOS RD (at roundabout)	2.5
188.8	R	COWICHANVALLEY HWY #18* (stop)	1.4

190.2	L	HIGHWAY #1 (at lights)	6.9
197.1	R	Mt. SICKER (at lights at Tempo)	0.6
197.7	L	CHEMAINUS* (at T)	7.1
204.8	R	VICTORIA (at Theatre)	0.1
204.9	L	WILLOW (first left)	0.1
205.0		<b>FINISH - Chemainus</b> Dancing Bean	
<b>CONGRATULATIONS !!</b>			

Note: Ride organizers may make last minute changes because of road closures or other problems. The route sheet you receive at the start of the ride is the official one.

R-right L-left BR-bear right BL-bear left S-straight SO-straight on T-turn around