

Permanent Brevet #53

Submitted by: Tracy Barill

Bridges to Buntzen 200K

Distance (km-cumulative)	Turn	Direction	Distance (Interval)	Route
Start – King Edward Canada Line Station (Cambie Street and King Edward Ave, Vancouver)				
0	R	W	5.9	King Edward Avenue
5.9	R	N	0.9	Crown Street
6.8	L	W	4.1	W 16 th Ave
10.9	L	S	4.1	SW Marine Drive
15.0	BR	S	5.4	SW Marine Drive
20.4	R	S	0.4	SW Marine Drive
20.8	BL	E	0.1	SW Marine Drive
20.9	R	S	0.2	SW Marine Drive
21.1	BL	S	1.1	CAUTION – Bear left to follow Grant McConachie Way over Arthur Laing Bridge
22.2	R	N	0.3	<i>new</i> BIKE PATH to access Grauer Road
22.5	L	SW	1.1	Grauer Road
23.6	R	SW	5.2	Templeton Street – becomes Ferguson Road
28.8	CONTROL 1: IONA ISLAND Park Gate – Information Control (washrooms another .5 km further)			
28.8	T	NE	7.1	Ferguson Road becomes Templeton Street
35.9	SO	E	0.1	Cross Grant McConachie Way
36.0	L	N	0.4	Miller Road
36.4	R	E	1.0	Wellington Crescent (1 st on right – may not have a sign – bike access only)

37.4	R	NE	0.4	Airport Road
37.8	R	E	0.4	Russ Baker Way
38.2	SO	E	2.0	No. 2 Road (continue over bridge)
40.2	R	S	0.8	Granville Ave (becomes Railway)
41.0	BL	E	2.4	Railway Ave
43.4	R	S	1.6	Williams Ave
45.0	L	E	0.6	Springmont Dr. W
45.6	R	S	1.1	Springmont Gate (becomes 7 th Ave)
46.7	L	W	0.4	Chatham Street
47.1	R	S	0.2	3 rd Ave
47.3	L	E	0.3	Moncton Street
47.6	CONTROL 2: STEVESTON – Your Choice			
47.6	CO	E	1.6	Moncton Street
49.2	R	S	0.8	No. 2 Road
50.0	L	E	0.1	London Road
50.1	R	S	0.2	Dyke Road
50.3	L	E	1.7	Dyke Road
52.0	L	N	0.9	No. 3 Road
52.9	R	E	0.8	Finn Road
53.7	R	S	0.9	Garden City Road
54.6	BL	E	2.8	Dyke Road
57.4	L	N	1.4	No. 5 Road
58.8	R	E	0.8	Steveston Highway
59.6	L	N	4.1	Sidaway Road
63.7	R	E	0.8	Westminster Highway
64.5	L	N	0.3	No. 6 Road
68.0	R	E	8.4	River Road

76.4	R	S	0.1	River Road
76.5	L	E	0.6	Westminster Highway
77.1	R	S	0.5	Boundary Road
77.6	R	W	0.2	Gravel Path on Dyke
77.8	R	N	0.2	Path through fence to connect to sidewalk towards Alex Fraser bridge
78.0	R	S	1.2	Sidewalk to Cliveden Ave
79.2	SO	S	2.9	Cross Cliveden to connect with sidewalk that continues over west side of Alex Fraser Bridge
82.1	BR	SW	0.3	Onto Pathway from Sidewalk (CAUTION: steep egress / uneven walkway)
82.4	R	N	0.2	Nordel Way (to Nordel Court on right)
82.6	CONTROL 3: Nordel Way Chevron or Burger King or Tim Hortons			
82.6	R	N	0.9	Nordel Way
83.5	R	E	0.8	River Road
86.3	R	E	0.3	90 th Avenue
86.6	R	S	0.1	112 th Street
86.7	L	E	0.8	90 th Avenue
87.5	L	N	0.4	116 th Street
87.9	R	E	2.4	92 nd Avenue
90.3	L	N	0.8	128 Street
91.1	R	E	9.4	96 th Avenue
100.5	SO	E	4.0	Continue on Golden Ear Way bike path to end of path
104.5	R	NE	0.8	Through barrier to Telegraph Trail
105.3	L	E	0.4	96 th Avenue
105.7	L	N	0.8	201st
106.5	L	N	0.1	To Bike Ramp onto east side of Golden Ears Bridge

106.6	R	N	4.4	Over Golden Ears Bridge
111.0	R	N/NE	0.4	Follow Connecting Bike Path towards Lougheed Highway (connect with West Street and Maple Meadows Way before Lougheed Highway #7)
111.4	L	W	9.7	Lougheed Highway #7
121.1	R	N	3.3	Shaughnessy Street
124.4	L	W	4.4	David Avenue
128.8	SO	W	0.7	David Avenue past the first Forest Park Way (do not turn at the first)
129.5	R	N	0.2	Forest Park Way (at roundabout)
129.7	L	NW	2.7	Aspenwood Drive (becomes East Road)
132.4	R	N	1.0	Sunnyside Road
133.4	BR	N	2.0	Park Access Road (Buntzen Lake park)
135.4	R	N	0.1	Parking Lot next to beach (walk or ride bike to water's edge – it's worth the view!)
135.5	CONTROL 4: Buntzen Lake (person at beach or alternative is store at Park entrance)			
135.5	T	S	0.1	Leave Parking Lot and Park via Park Access Road
135.6	L	S	2.0	Park Access Road
137.6	BL	SW	1.3	Sunnyside Road
140.4	BL	S	0.8	1st Avenue
141.2	L	E	3.9	Ioco Road
145.1	R	S	0.4	Knowle Street
145.5	BR	W	1.9	Murray Street
147.4	R	N	0.2	Esplanade Avenue
147.6	R	S	0.3	Moody Street
147.9	R	W	1.2	Clarke Street
149.1	R	N/W	12.8	Barnet Highway becomes Hastings Street
159.0	L	S	0.1	Fell Avenue

159.1	R	W	3.1	Francis Street
162.2	L	S	0.2	Ingleton Avenue
162.4	R	W	0.9	Union Street (cross Boundary Road at light to continue on Adanac Street)
163.3	R	N	0.4	Cassiar Street (at end follow sidewalk to cross Hastings – then follow sidewalk back to re-connect with Cassiar Street)
164.4	BR	E	0.1	Cambridge Street
164.5	L	N	0.5	Fellowes Street
165.0	L	N	1.9	Bike Path then cross Iron Workers Memorial Second Narrows Bridge (to continue east on Dollarton Highway)
166.9	BR	E	5.0	Dollarton Highway
171.9	R	S	0.3	Fairway Drive (entrance to Cates Park)
172.2	CONTROL 5: Cates Park (information control) – washrooms available			
172.2	SO	N	0.3	Continue on Fairway Drive back to Dollarton Highway
172.5	L	W	6.4	Dollarton Highway – becomes Main Street – becomes Cotton Road – DO NOT CLIMB HILL
178.9	BL	W	3.2	Low Level Road (beside grain elevators) – becomes Esplanade Street
182.1	BR	N	0.4	Forbes Ave
182.5	L	W	0.4	3 rd Avenue (prepare to turn left at second – CAREFUL with traffic – safest to use crossing at light)
182.9	BL	W	0.3	2 nd Street West – continue on to 1 st Street
185.0	R	N	0.1	Garden Avenue
185.1	L	W	1.2	Welch Street
186.3	R	N	0.5	Bridge Road
186.9	SO	N	0.1	Onto Bike Path up to Lions Gate Bridge
187.0	R	S	1.8	Sidewalk south over Lions Gate Bridge

188.8	R	W/S	4.5	Stanley Park Road – continue on past Prospect Point then down to Beach Avenue
193.3	BR	E	0.9	Beach Avenue
194.2	BR	E	1.0	Beach Avenue
195.2	CO	E	0.4	Beach Crescent (accessed via bike path)
195.6	L	N	0.2	Homer Street
195.8	R	E	0.2	Pacific Boulevard
196.0	R	SE	0.2	Drake Street
196.2	L	E	0.7	Marinaside Crescent
196.9	R	E	1.0	Pacific Boulevard
197.9	BR	S	0.9	Quebec Street (past Science World)
198.8	R	W	0.1	2 nd Street
198.9	L	S	2.3	Ontario Street (along bike route)
201.2	R	W	0.3	King Edward Avenue
201.5		FINISH: King Edward Canada Line Station (Cambie Street and King Edward Ave, Vancouver)		

Note: Ride organizers may make last minute changes because of road closures or other problems. The route sheet you receive at the start of the ride is the official one.

R-right L-left BR-bear right BL-bear left S-straight SO-straight on T-turn around