

Permanent Brevet #87

Submitted by: Jeff Schlingloff

Misty Mountain 200 Km

dist km	turn	dir	Misty Mountain Hop 200 km - Route Description	km int
0.0			START - Lonsdale Quay/Seabus Terminal area North Vancouver BC	
0	SO/R	NW/N	ESPLANADE ST W / FORBES AVE	0.7
0.7	L	NW	3RD ST W (to left lane - lights @bottom of hill)	0.4
1.1	BL	W	2ND ST W / 1ST ST W	2.1
3.2	R/L	N / W	GARDEN AVE / WELCH ST	1.3
4.5	R/L	N / W	BRIDGE RD (x Capilano River)	0.6
5.1	L	S / W	S TAYLOR WAY (behind Park Royal mall) / OVERPASS	0.9
6	SO	W	MARINE DR	8.3
14.3	R	N	KEITH RD *watch for* .2 km after gas/store & bridge	0.6
14.9	BR	N	WILLOW CREEK RD	0.4
15.3	R	NE	CAULFEILD DR	0.1
15.4	L	NW	ROCKRIDGE RD (Path/Pedestrian tunnel - right side)	0.2
15.6	R	N	TUNNEL/PATH (under hwy 1/99 - to Woodgreen Dr)	0.1
15.7	R	E / N	WOODGREEN DR	1.6
17.3			INFO CONTROL #1 - Cypress Falls Q: What forest animal is prominently displayed on the Cypress Falls Park sign, at summit of Woodgreen Dr?	
17.3	L	W	WOODLEY DR / NORTHWOOD DR	1.1
18.4	R	W	WESTPORT RD	2.8
21.2	R	NW	MARINE DR	2.7
23.9	L	W / NW	ORCHILL RD / ST GEORGES AVE / NELSON AVE	0.9
24.8	L/BR	W / N	MARINE DR / CLIFF RD / ARBUTUS RD	2.5
27.3			INFO CONTROL #2 - Whytecliff Park Q: On the main washroom building, what colour is the light lens cover above the yellow sign?	
27.3	T	SW	WHYTECLIFF PARK / ARBUTUS RD / CLIFF RD	1
28.3	R	S	CLIFF RD / MARINE DR	1.9
30.2	L	N	HWY 99 North (to Lions Bay)	12
42.2	R/L	NE	LIONS BAY AVE / CROSS CREEK RD x bridge	0.3
42.5	R/L	S / N	CENTRE RD / BAYVIEW RD	1.2
43.7	R/L	S / SE	MOUNTAIN DR / TIMBERTOP DR (not marked - left fork)	0.8

44.5			INFO CONTROL #3 - Timbertop Drive (at end) Q: At the end of Timbertop Drive - what's the address at the top of the wooden sign of the 4 listed there?	
44.5	T	S / N	TIMBERTOP DR / MOUNTAIN DR	0.8
45.3	L/R	SW/NW	BAYVIEW RD / CENTRE RD	1.3
46.6	L	W	LIONS BAY GENERAL STORE/CAFÉ	0
46.6	T / R	S / SE	CENTRE RD / CROSS CREEK RD	0.4
47	L	S / E	HWY 99 South (bike route) / HWY 1/99	19
66	BR	E / NW	CYPRESS MOUNTAIN RD	15.4
81.4			CONTROL #4 - Cypress Mountain ski area	
81.4	T	SE / NE	CYPRESS MOUNTAIN RD	15.4
96.8	SO	E	HWY 1/99 East	2.8
99.6	R/L	SE	15TH ST exit / 15TH ST/ CROSS CREEK RD	0.5
100.1	L/R/L	W/NW	TYROL RD / TYROL LN / CAMELOT RD	0.8
100.9	R	N / NE	CAMWELL DR / CAMMERAY RD	0.5
101.4	L	N / NE	CHARTWELL DR	2.4
103.8	L	NE	MILLSTREAM RD	0.2
104.0			INFO CONTROL #5 - British Properties (Brothers Creek) Q: At the crest of Millstream Drive there's a creek crossing. What is the posted bridge load limit?	
104.0	SO	NE	MILLSTREAM RD	1.4
105.4	L/R	NE	CRAIGMOHR DR	0.4
105.8	R	S / NE	BALLANTREE RD / becomes ST ANDREWS RD	0.3
106.1	L	NE / S	ST ANDREWS RD / becomes BONNYMUIR DR	1
107.1	L/R	NE	GLENMORE DR / GLENGARRY CR	0.3
107.4	R/R	E / S	MORVEN DR / GLENMORE DR (.1 km to path on left)	0.4
107.8	L	E	PATH / to CLEVELAND DAM (to Capilano Rd) Small TCT trail marker on pole - gravel lane to path along fence	1
108.8	L/R	E	CAPILANO RD / (immediate) PROSPECT AVE	0.4
109.2	L	N / NE	CLIFFRIDGE AVE / RANGER AVE	1.6
110.8	L	SE	MONTROYAL BLVD	1.7
112.5	L/R	SE / S	ROCKLAND RD (@Prospect Rd) / LONSDALE AVE	0.2
112.7	L	E / NE	BRAEMAR RD / DEMPSEY RD	3.7
116.4	L/R	N / E	LYNN VALLEY RD /RICE LAKE RD /BRIDGE/ PATH	0.6
			multi-use foot bridge/gravel trail to Rice Lake Gate (LSCR)	
117	L	NE	SEYMOUR VALLEY TRAILWAY (@traffic circle - km 0)	3.5
120.5			INFO CONTROL #6 - Balloon Picnic Site (LSCR) Q: What type of forest log ecology is described on the information placard?	
120.5	T	s	SEYMOUR VALLEY TRAILWAY (to traffic circle - km 0)	3.5
124	SO	s	LILLOOET RD	4.7

128.7	L	E	MOUNT SEYMOUR PKWY	4.4
133.1	L	N	MOUNT SEYMOUR RD	12.8
145.9			CONTROL #7 - Mount Seymour ski area	
145.9	T	S	MOUNT SEYMOUR RD	12.8
158.7	L	E	MOUNT SEYMOUR PKWY	0.8
159.5	R	S	FAIRWAY DR	0.7
160.2	L	E	DOLLAR RD (x Dollarton Hwy)	0.6
160.8	L	N	ROSLYN BLVD	0.9
161.7	L/R	W/N	MOUNT SEYMOUR PKWY / CALEDONIA ST (to end)	0.3
162	R	NE	STRATHCONA RD	1.1
163.1	L/L	NW	ROXBURY / COVE CLIFF RD	1
164.1	R/R	N/E	BANBURY RD / RAEBURN RD	0.3
164.4	L	N/W	ROCKCLIFFE RD / NAUGHTON AVE	0.3
164.7	R/L	N/W	BANBURY RD (not marked) / GALLANT AVE	0.2
164.9	R	N/NE	PANORAMA DR	1.3
166.2			CONTROL #8 - Seycove Marina (Deep Cove)	
166.2	T	SW/S	PANORAMA DR	1.3
167.6	R	W/S	GALLANT AVE/DEEP COVE RD/ DOLLARTON HWY	8.4
175.9	L	S	IRONWORKERS MEMORIAL BRIDGE (west sidewalk) crosswalk to S side of Dollarton Hwy - cross southbound ramp	1.8
177.7	BR	S	PATH to Vancouver (via Portside Bike Route)	0.2
177.9	R	N/SW	N SKEENA ST / BRIDGEWAY ST	0.6
178.5	R	W	PATH (Portside Bike Route)	0.6
179.1	BR	NW	WALL ST (Portside Bike Route)	2.1
181.2	R	W	POWELL ST	0.1
181.3	L	S	VICTORIA DR	0.2
181.6	R	W	FRANKLIN ST	0.9
182.4	SO / L	W/S	(x Clarke Dr S. of overpass) FRANKLIN ST / GLEN DR	0.2
182.6	R	W	E CORDOVA ST	0.6
183.2	R	N	CORDOVA DIVERSION	0.1
183.3	L	W	POWELL ST	0.3
183.5	R/L	N/W	HAWKS AVE / ALEXANDER ST	0.3
183.9	R/L	NW/S	JACKSON AVE / RAILWAY ST / GORE ST	0.5
184.4	R	W	ALEXANDER ST / MAIN ST	0.1
184.5	R	N/W	WATERFRONT RD via overpass thru tunnel (Canada Place & Vancouver Convention Centre)	1.8
186.3	SO	E	W CORDOVA ST exiting tunnel via ramp - to Burrard St	0.1
186.4	T	W	W CORDOVA ST (@ Burrard St)	0.3
186.7	L/R	SW/W	JERVIS ST / HASTINGS ST	0.4
187.1	R/L	NE/NW	NICOLA ST / COAL HARBOUR QUAY / CARDERO ST	0.3
187.4	R	NW	BAYSHORE DR	0.4
187.8	L	SW	DENMAN ST (@Georgia St)	0.1
187.9	R	NW/N	PATH (adj. to Georgia St & Stanley Pk Causeway) traffic circle	0.6
188.5	E	E/NW	STANLEY PARK DR@traffic circle (to Brockton Point)	1.9
190.4			INFO CONTROL #9 - Brockton Point (Stanley Park) Q: How many flag poles are situated across from	

				the lighthouse at the point?
190.4	SO	W / NW	STANLEY PARK DR to Lions Gate Bridge	3.1
193.5	R	N	STANLEY PK CAUSEWAY / LIONS GATE BRIDGE	2.2
195.7	R	E	MARINE DR	0.4
196.1	R	S	CAPILANO RD	0.2
196.3	L	E	LAWA ST / 15TH ST W	1.1
197.4	R	S	PEMBERTON AVE	0.6
198	L	E	1ST ST W / 2ND ST W	1.4
199.4	R/R	SE / S	3RD ST W / FORBES AVE	0.8
200.2	L/R	E / S	ESPLANADE ST W / CHESTERFIELD PL	0.5
200.7			FINISH CONTROL - Lonsdale Quay/Seabus Terminal	

		DIRECTION KEY	ABBREVIATIONS
L		TURN LEFT	dir = direction of travel (eg. NW = Northwest)
R		TURN RIGHT	dist km = distance in kilometres (cumulative)
BL		BEAR LEFT	km int = kilometre interval (distance between points)
BR		BEAR RIGHT	
SO		STRAIGHT ON	
T		TURNAROUND (REVERSE DIRECTION)	

Designed/compiled by Jeff Schlingloff (March, 2010)
Based in part on sections of a BC Randonneurs 200 km Brevet,
(Lower Mainland 'MX' 200 - June, 2006)
elevation gain: TBD